

## **New R&P changes for this 2017-18 season**

- At all sanctioned meets, there MUST be a written backup in the form of a verification **heat sheet** to record the individual judges' scores, neutral deductions and the final average score.
- If an alternative springboard is used at a Level 3 or higher or Platinum and Diamond divisions in a USA sanctioned event, the vault is considered VOID
- Vault Warm-Up Procedures: The time will begin when the gymnast stands on the table to do a skill/jump off the table. If the gymnast does not do a skill/jump off the table, the time will begin when the gymnast begins running toward the table and touches the spring board. Warm-up drills i.e. "Handstand hops" and "run-bys" without touching the board is NOT included in the warm-up time and will be allowed as long as performing these drills does not delay the competition. Excessive delay of "warm-up drills" when the timer is ready could result in a deduction.
- For Compulsory Levels 1-5, in a modified non-traditional format, athletes may warm-up between floor routines as a group, corresponding with the squad numbers. **The group is not limited to six athletes, as required by Levels 6-10.**
- If a coach determines that the athletes have not had adequate warm-up time in between routines, he/she can request of the Chief Judge to either have a short block of time for a squad or partial squad to warm-up, or for the judges to slow down to allow for up to 30 seconds between exercises'.
- The Meet Director **MUST assign an adult monitor** to regulate the number of athletes warming up at any one point in time on FLOOR and to keep track of the competitive order. It is not a responsibility of the judges.
- A gymnast is allowed to start warming up when there are only six or more competitors ahead of her. This gives each athlete 5 turns on the floor mat prior to her time to compete and there will be no more than five athletes warming up on the floor at any one point in time.
- The Meet Referee determines with the Meet Director the designated time for judging panels to return to the field of play after a break between sessions, preferably at least five minutes prior to the end of the timed warm-ups. (this is to help avoid the 30 minute or less of break time payments)
- Judges MUST report to the judges' meeting/hospitality room 30 minutes prior to the scheduled march-in for local and invitational competitions, unless otherwise

specified by the Meet Referee. Judges' compensation will begin at the scheduled report time. Any official who does not report within **five (5) minutes** of the scheduled report time will be compensated from the first scheduled march-in time.

- The standard IRS rate will be paid for the entire round-trip mileage **for all drivers**, including those who drive to meet a carpool. Judges must submit MapQuest-type documentation in order to be reimbursed for mileage.
- **Xcel Judging pay-rate is now the same as the JO judging rate.**

**There are a few more changes in the R & P but these are the changes I felt needed to be highlighted for Judges and Coaches and Meet Directors, if you have any questions feel free to email me – See you all soon Lynn McCaffrey!**